

Please note the following instructions regarding sweat tests:

1. A **hospital card** is **mandatory**.
  - If your child does not have one, please present yourself to Glen Pediatric Admitting Office (CRC.5135) to obtain a new MUHC hospital card prior to your first appointment.
2. A **physician's requisition** is **mandatory**. Please ensure that your doctor has included all the following information on the requisition:
  - a. Your child's full name.
  - b. Your child's RAMQ or date of birth.
  - c. Your physician's full name and license number.
  - d. Your physician's signature with the date
  - e. Department or clinic name and address.

Without **all this information**, we cannot perform the test.

3. Please bring **warm clothing** to ensure your child sweats.
  - We suggest a hat, warm jacket or sweater and/or blanket.
  - If not enough sweat is collected during the test, it cannot be performed and you will have to book another appointment for another day.
4. **No fasting** is required for this sweat test.
5. This test is **not painful** and lasts about 1 hour.
6. **Do not apply cream/lotion on your child's arms** on the day of the test.
  - This can reduce the amount of sweat produced and might result in insufficient quantities.
7. **This test cannot be done** if your child has a **fever**, as it can give false results.
8. Please **keep your child hydrated** throughout the test.
  - Drinking water can increase the amount of sweat produced.

For any other questions, please refer to our website:

[http://www.thechildren.com/departments-and-staff/departments/departments-of-pediatric-test-centre-blood-test-centre\\_04](http://www.thechildren.com/departments-and-staff/departments/departments-of-pediatric-test-centre-blood-test-centre_04)

Thank you,  
The Montreal Children's Hospital Pediatric test center