



CARE AT HOME AFTER A CIRCUMCISION

For your next appointment please call (514) 412 - _____

Clinic: _____

Doctor: _____

Type of follow-up recommended: in clinic by phone other _____

ACTIVITIES: Quiet activities today with close supervision.
No bicycle, gym, rough play, or sports for 1-2 week, then gradual return to activities.

SCHOOL: May go back to school after 3-5 days.

BATH: Sponge bath for the first 24 hrs, then begin tub baths, for 15 to 20 min., 2 or 3 times a day for one week.

DRESSING: If your child has a dressing, you might be asked to remove it at a certain time or it might come off by itself (for example, during the bath). Apply Polysporin ointment to the penis after each bath.

Check for bleeding every 2 hours today and once during the night.
If bleeding occurs, use gauze with Polysporin to apply gentle pressure on the penis for 3 to 5 minutes. If not effective, bring your child to the hospital.
Minimal oozing (spotting of blood) is normal. The area will be swollen for several days and yellowish membranes may cover the tip of the penis. This will gradually improve in 2-3 weeks.

MEDICATION: For pain, give Acetaminophen (Tylenol or Tempra) every 4 hours as needed. Next dose may be given only at _____ hours.

DIET : Give water, apple juice, popsicle, flat Ginger ale or Jell-O for one to two hours. If tolerated, proceed with a soft diet such as soup, yogurt, ice cream and cereal. Tomorrow, he may be given a normal diet.

*** PARENTS PLEASE NOTE ***

IF YOU ARE CONCERNED, PLEASE CALL THE MONTREAL CHILDREN'S HOSPITAL AT 514-412-4400 AND ASK FOR THE PHYSICIAN ON CALL FOR THE _____ SERVICE OR COME TO THE EMERGENCY ROOM OF THE HOSPITAL.