CARE AT HOME AFTER STRABISMUS SURGERY

ACTIVITIES: Quiet activities today with close supervision. May watch television. No bicycle, sports, or gym until after your next appointment. No swimming for at least 3 weeks.

SCHOOL: May go back to school after 3 days. Please check with your doctor.

BATH: May resume tub bath tomorrow. Be careful not to splash bath water into eyes. If the eyes are sticky, clean with a face cloth soaked in lukewarm water. Wipe from inside to outside (nose to ear direction). The eyes may remain reddish for one month.

MEDICATION: For pain, give Acetaminophen (Tylenol or Tempra) every 4 hours if needed. Next dose may be given only at ______hours. Dimming the lights and/or applying cool, wet and clean compresses may provide additional comfort.

DIET: Give water, apple juice, popsicle, flat Ginger ale or Jell-O for one to two hours. If tolerated, proceed with a soft diet such as soup, yogourt, ice cream and cereal. Tomorrow, he/she may be given a normal diet.

*** PARENTS PLEASE NOTE ***

IF YOU ARE CONCERNED, PLEASE CALL THE MONTREAL CHILDREN’S HOSPITAL AT 514-412-4400 AND ASK FOR THE PHYSICIAN ON CALL FOR THE OPHTHALMOLOGY SERVICE OR COME TO THE EMERGENCY ROOM OF THE HOSPITAL.

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