

STOOL COLLECTION FOR OCCULT BLOOD

Note: This test requires special collection cards which may be picked up in the Test Center from Monday to Friday from 7:00 a.m. to 5:00 p.m. (room B02.5118)

Follow these instructions for 3 bowel movements collected on 3 different days:

1. After a bowel movement, collect a small sample of feces from your child's diaper. For older children, ensure that the feces **DO NOT** come in contact with the water in the toilet bowl – you may use any clean, dry container or place saran wrap over the toilet bowl, collect a small piece and remove it.
2. Open the front of one specimen card and with a wooden applicator take a sample of one part of the feces and apply to box A on the slide card. *With the same applicator*, take a sample of a different part of the stool, and spread in box B.
3. Close the slide and fill in the **date and time of collection** on the front on the slide. Store the slide at **room temperature** and keep out of reach of children.
4. Repeat for two more bowel movements collected on the following 2 days (all 3 samples must be collected on 3 different days).
5. **Return all slides to the Test Center from Monday to Friday between 7:00 a.m. and 5:00 p.m.. Samples can be stored if the sample is kept on the slide, at room temperature for a maximum of 14 days. If the specimen does not already have a barcode on it, please make sure to bring your hospital card and requisition at the time of the drop-off.**

Special diagnostic diet:

Patients should be on this diet for **at least 48 hours** before collecting the first stool specimen. The patient should remain on this diet until all 3 specimen slides have been prepared.

Foods to eliminate	Drugs and vitamins to eliminate	Foods to include
Rare red meat	Vitamin C (max. 250 mg/day)	Well-cooked meats, poultry and fish
Turnips	Aspirin	Bran cereals daily
Horseradish	Anti-inflammatory	Cooked fruits and vegetables
Melons	Iron supplements	Peanuts and popcorn

DO protect slides from heat, light and volatile chemicals (iodine or javex).

DO NOT collect specimens during a menstrual period, if you have bleeding hemorrhoids or blood in your urine.

Note: All specimens collected may contain infectious organisms. Wash your hands thoroughly with soap and water after each collection.