

URINE COLLECTION PROCEDURE

"Clean Catch" midstream urine collection for older children who are potty-trained

BOYS

a. ***Washing procedure:***

1. If uncircumcised, pull back the foreskin and wash the end of the penis with the wipes provided. Wipe once more near the tip of the penis.

b. ***Collection of specimen (after cleansing):***

1. Remove the lid of the sterile collection container and set aside with the inside of the lid facing up. Do not touch the inside of the lid of the container.
2. Have your child void a small amount into the toilet and then directly into the container.
3. Carefully screw on the lid of the collection container so that it is tight and leak proof.

GIRLS

a. ***Washing procedure:***

1. Have your child assume squatting position over toilet.
2. Separate the folds of the vulva with one hand to expose the urethra (urinary passage) for thorough cleansing.
3. Wash the entrance to the urethra (urinary passage) and the vulva area with the other hand using the wipes provided. Start with the urethra, using front to back motions and wash outward.
5. Wipe once more to cleanse the entrance to the urethra.

b. ***Collection of specimen (after cleansing):***

1. Remove the lid of the sterile collection container and set it aside with the inside of the lid facing up. Do not touch the inside of the lid of the container.
2. Have your child void a small amount into the toilet and then directly into the container.
3. Carefully screw on the lid of the collection container so that it is tight and leak proof.

Make sure the container (not the lid) is labelled with your child's complete name and return the sample promptly. If the sample cannot be delivered immediately, it should be refrigerated for no longer than 24 hours. Specimens may be dropped off from Monday to Friday between 7:00 a.m. and 5:00 p.m. (room B02.5118). We are closed on holidays. Please be sure to bring the specimen, your child's hospital card and the doctor's requisition for drop off.
