

INSTRUCTIONS FOR THE CARE OF A CHILD WEARING A CLAVICLE STRAP

It is important that the clavicle strap be worn as instructed. Sponge baths only, are permitted. Do not adjust/tighten the strapping.

If arm and/or hand becomes bluish in color, swollen, or if child complains of numbness or a tingling sensation, return to Surgical Emergency immediately.

Do not use cream on the skin. Keep skin dry at all times to prevent breakdown. Baby powder may be used.

Inspect the skin around the strap daily. If redness or skin breakdown are present, please call Surgical Clinic for an appointment to be seen on the same day.

Gym and sports activities must be avoided, and no lifting, pushing or pulling heavy objects.

Do not be alarmed if a bump appears on the collar bone. This is called callus formation and indicates that the bone is healing. It will disappear in a few months.

If you have any questions, please call Surgery Clinic at 514-412-4489.

Revised by Trauma Specialists - Montreal Children's Hospital.
Last update: March 2009