



L'Hôpital de Montréal pour enfants  
The Montreal Children's Hospital  
Centre universitaire de santé McGill  
McGill University Health Centre

## CARE AT HOME AFTER A DAY SURGERY

For your next appointment please call (514) 412 - \_\_\_\_\_  
Clinic: \_\_\_\_\_  
Doctor: \_\_\_\_\_  
Type of follow-up recommended: in clinic by phone other \_\_\_\_\_

**ACTIVITIES:** Quiet activities today with close supervision.  
Resume regular activities according to your surgeon's instructions.

**SCHOOL:** May go back to school in \_\_\_\_\_ day(s).

**BATH:** May have a bath tomorrow.

### **SPECIFIC INSTRUCTIONS:**

**MEDICATION:** For pain, give Acetaminophen (Tylenol or Tempra) every 4 hours if needed.  
Next dose may be given only at \_\_\_\_\_ hours.

**DIET:** Give water, apple juice, popsicle, flat Ginger ale or Jell-O for one to two hours. If tolerated, proceed with a soft diet such as soup, yogourt, ice cream and cereal. Tomorrow, he/she may be given a normal diet.

### **\*\*\* PARENTS PLEASE NOTE \*\*\***

**IF YOU ARE CONCERNED, PLEASE CALL THE MONTREAL CHILDREN'S HOSPITAL AT 514-412-4400 AND ASK FOR THE PHYSICIAN ON CALL FOR THE \_\_\_\_\_ SERVICE OR COME TO THE EMERGENCY ROOM OF THE HOSPITAL.**