



L'Hôpital de Montréal pour enfants
The Montreal Children's Hospital
Centre universitaire de santé McGill
McGill University Health Centre

CARE AT HOME AFTER AN OTOPLASTY

For your next appointment please call (514) 412 - _____

Clinic: _____

Doctor: _____

Type of follow-up recommended: in clinic by phone other _____

ACTIVITIES: Quiet activities today with close supervision.
No gym or sports for 10 days.

SCHOOL: May go to school tomorrow but must keep the bandage on.

BATH: Starting tomorrow, tub baths may be given while keeping the dressing dry and clean, until the next appointment with the doctor. Do not rub the ears.

DRESSING: Keep the dressing on until the appointment with the surgeon. As needed, reinforced the dressing as instructed by the nurse in the Post-Anesthesia Care Unit. If the dressing falls off call the surgeon.

MEDICATION: For pain, give Acetaminophen (Tylenol or Tempra) every 4 hours if needed.
Next dose may be given only at _____ hours.

DIET: Give water, apple juice, popsicle, flat Ginger ale or Jell-O for one to two hours.
If tolerated, proceed with a soft diet such as soup, yogurt, ice cream, and cereal.
Tomorrow, he/she may be given a normal diet.

*** PARENTS PLEASE NOTE ***

IF YOU ARE CONCERNED, PLEASE CALL THE MONTREAL CHILDREN'S HOSPITAL AT 514-412-4400 AND ASK FOR THE PHYSICIAN ON CALL FOR THE _____ SERVICE OR COME TO THE EMERGENCY ROOM OF THE HOSPITAL.