



## Referral Form *Eating Disorders Program*

<b>Referring Professional</b>			
<input type="checkbox"/> GP/Family Doctor <input type="checkbox"/> Pediatrician <input type="checkbox"/> Psychiatrist <input type="checkbox"/> Psychologist <input type="checkbox"/> Other (specify): _____	Name:  Address:  Office phone #: (    ) Office fax #: (    )	Are you the primary care provider? <input type="checkbox"/> Yes <input type="checkbox"/> No <i>If not, please indicate primary care provider with contact:</i>	
<b>Patient information - Demographics</b>			
Name: _____		<input type="checkbox"/> Male <input type="checkbox"/> Female	
DOB: ____ / ____ / ____ day    month    year		Primary language: <input type="checkbox"/> English <input type="checkbox"/> French <input type="checkbox"/> Other (specify): _____	
RAMQ#: _____		Expiry date: _____	
Current address: _____		Contact numbers: Home number: (    ) Other (please specify: _____): (    ) Can a message be left at this number? <input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Eating disorder-related information:</b>			
Current weight: _____ kg    Current height: _____ cm    Date: _____			
Lowest wt (kg): _____ kg    age or year: _____    Highest wt: _____ kg    age or year: _____			
*** <i>Please provide copy of patient's growth chart(s):</i> <input type="checkbox"/> attached			LMP : _____
Orthostatic vitals Date: _____	Lying (for 3 minutes): HR _____ bpm    BP _____ mm Hg	Standing (for 3 minutes): HR _____ bpm    BP _____ mm Hg	
Eating disorder-related behaviours: <input type="checkbox"/> Restriction <input type="checkbox"/> Bingeing <input type="checkbox"/> Vomiting <input type="checkbox"/> Laxatives/diuretic use <input type="checkbox"/> Over-exercising <i>Brief description of <u>duration</u> and <u>frequency</u> of activities:</i> _____ _____			
<b>Medical history:</b>		<b>Psychiatric history:</b>	
<b>Current medications:</b>			
<i>Attach any relevant reports or investigations:</i> <input type="checkbox"/> Recent bloodwork <input type="checkbox"/> ECG <input type="checkbox"/> Psychiatric reports <input type="checkbox"/> Other relevant investigations/reports (please specify: _____ )			
Please mail or fax this referral to: Adolescent Medicine Program, MCH Gilman Pavillion 1040 Atwater Avenue, Westmount, QC H3Z 1X3 Fax: (514) 412-4319		<b>FOR URGENT REFERRALS</b> Please contact the Adolescent Medicine Specialist on-call at the clinic (514) 412-4481 or through the MCH Switchboard (514) 412-4400	