



Returning to school for children with diabetes and chronic endocrine conditions

We understand that this is a very stressful time for everyone, particularly for parents of children who have diabetes and chronic endocrine conditions. From what we know, most children, including those with chronic illnesses, who get sick from COVID-19 have mild symptoms.

For the new school year, here are the recommendations from the pediatric diabetes and endocrinology division:

- From the research and information currently available, we are recommending that our patients, including those with type 1 or 2 diabetes, CAH, and hypopituitarism, return to school in-person for their overall well-being.
- In general, children aged 5 years and older who have type 1 or 2 diabetes, CAH, hypopituitarism, and other endocrine conditions are eligible for the COVID vaccine. We strongly recommend vaccination for our patients.
- We recommend following Public Health guidance regarding use of masks and physical distancing in schools.
- It is also important for all household members to employ good hand hygiene and other strategies to reduce transmission of COVID-19. Household members should adhere to public health guidelines outside of the home as well.